



Member Report
(TEWV) Adult Eating Disorders Services Review Update
Report to: Tees Valley Joint Health Scrutiny Committee
Report from: Democratic Services
Decision Type: Committee

HEADLINE POSITION

1. Summary of report

- 1.1 The Tees Valley Joint Health Scrutiny Committee is receiving a presentation from Tees, Esk and Wear Valley (TEWV) NHS Foundation Trust on the review of Adult Eating Disorder services across the North East and North Cumbria.
- 1.2 The presentation outlines current service provision, the rationale for reviewing the model of care, and potential future changes to improve outcomes and ensure an appropriate balance between inpatient and community-based services.

2. Recommendation

- 2.1 It is recommended that Members note the information provided and consider the issues raised within the presentation.

3. Background

- 3.1 Adult Eating Disorder services are delivered through a provider collaborative between TEWV and Cumbria, Northumberland, Tyne and Wear (CNTW) NHS Foundation Trusts. A review has commenced to assess the current pathway, including inpatient, day and community provision, and to identify opportunities for improvement.
- 3.2 The review is informed by trends showing reduced demand for inpatient care, increased use of community-based alternatives, and national guidance promoting early intervention and least-restrictive care. Engagement is ongoing with patients, carers, staff and partners to shape future service models.
- 3.3 Representatives from TEWV NHS Foundation Trust will be in attendance to present the review and respond to Members' questions.

4. Background Papers

- 4.1 There are no background papers to this report.

5. Contact Officers

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